



Health Occupations Providing Excellence in Workforce Wellness and Resiliency Leadership Academy



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Description

The Leadership Academy is a small select group of healthcare leaders who are encouraged to consider ways to change the culture of burnout in their organization, among their staff and in leading their business or unit. Ultimately, these trainings educate participants on ways to promote resiliency from a leadership perspective. Those who complete all six trainings will receive a Leadership Academy Certificate in Workforce Wellness and Resiliency.

Credit Designation

AHEC: This program is approved for 0.1 CEU's (1.0 clock hours) of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Best Practices Standards. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

COUNSELORS & THERAPISTS: This program has been pre-approved for 1.0 hours of continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

NURSING: Mid-Carolina AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This nursing continuing education activity has been approved for 1.0 hours. **SOCIAL WORKERS:** This program has been approved by the SC Board of Social Work Examiners for 1.0 clock hours of social work continuing education.

ACPE: The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Please see individual activity listings in the flyer for specific information about CEU designations, learning objectives, and activity types. Participants must sign-in/register, participate in all active learning activities, respond to all learning assessment questions, and complete the online evaluations of each activity at <http://cop.sc.learningexpressce.com> in order to obtain credit. Detailed instructions on how to claim CPE credit will be provided.



No Program Fee

This program is free to attend but registration is required

Each statewide webinar will be 12:00pm - 1:00pm

August 26, 2022

The Cost of Burnout & Quadruple Aim

September 9, 2022

Breaking the Culture of Burnout

October 14, 2022 (2 Sessions)

12:00pm - 1:00pm - Introduction to the Culture of Burnout and Psychological Safety

1:00pm - 2:00pm - Promoting Resiliency: Increasing Well-Being Personally and Professionally

November 4, 2022 Implementing Wellness Programs

December 9, 2022 The Benefits of Wellness and Evaluating Benefits

For more information and to register, visit:

www.scahec.net/learn



College of Social Work



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Health Occupations Providing Excellence in Workforce Wellness and Resiliency Leadership Academy Series

ACPE Activity Announcement

August 26, 2022 12:00 – 1:00pm	The Cost of Burnout & Quadruple Aim Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-158-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Examine components of Quadruple Aim2. Identify ways to reduce the cost of burnout in your organization3. Illustrate how organizational surveys can be used to assess for burnout issues
September 9, 2022 12:00 – 1:00pm	Breaking the Culture of Burnout Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-159-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Explore concepts of an evidence-based informed organizational culture2. Discuss psychologically healthy workplace components3. Identify ways an organization can become a more psychologically healthy workplace
October 14, 2022 12:00 – 1:00pm	Introduction to the Culture of Burnout and Psychological Safety Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-150-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Examine the culture of burnout and differences in commonly used terms2. Identify components of psychological safety and how it impacts you and others3. Identify strategies to build resilience for your employees and in the workforce
October 14, 2022 1:00 – 2:00pm	Promoting Resiliency: Increasing Well-Being Personally and Professionally Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-160-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Identify the social construct of wellness and how it is defined and measured2. Discuss and apply resiliency in key domains such as workload, control/flexibility, social support, work-life balance, workflow, and administration3. Identify resources to provide to employees that promote micro resilience4. Apply case study to concepts and terms
November 4, 2022 12:00 – 1:00pm	Implementing Wellness Programs Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-161-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Discuss purpose and scope of possible organizational wellness plans2. Identify ways to incentivize and provide relief to employees3. Develop draft of a wellness plan4. Apply case study to concepts and terms
December 9, 2022 12:00 – 1:00pm	The Benefits of Wellness and Evaluating Benefits Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-162-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Discuss taking baseline measures of employees wellness, measure progress2. Discuss how taking measures for individual assessment can improve organizational health3. Review and analyze benefits of wellness in your organization4. Apply case study to concepts and terms

Continuing Pharmacy Education:

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